Our Approach

Empowering individuals to thrive with a heartfelt approach and a handpicked team of Mental Health trained Support Workers. Our trauma-informed, personcentered approach is at the heart of everything we do. With our diverse and multidisciplinary team, everyone we support feels valued and heard. Our staff is equipped with specialized training to provide exceptional support.

About Compass House

At Compass House, we're not just a business, we're a family. Susan and Macca, lifelong residents of the Capricorn Coast, are the driving force behind our personalized approach. We never aim to be just another impersonal organization. Our commitment is to the well-being of individuals, providing guidance, friendship, encouragement, and education. Count on our hand-picked team of Mental Health trained Support Workers to make a meaningful impact on your journey.

Our Details

116 - 118 Elphinstone Street Berserker Qld 4701

- www.compasshouse.com.au
 - (Phone: 0484 721 913

Opening hours
Monday-Friday
8.30am to 3.00pm











OUR SPACE

Reveal a world of possibilities at Compass House! Dive into our invigorating saltwater pool, find tranquility in our wellness room, whip up something delicious in our classroom kitchen, have a blast in our games room, and connect with others in our vibrant Compass Hub.

COMMUNITY ACCESS & ONE-TO-ONE

Unlocking community connections & personal growth with tailored one-to-one support. Embrace community events, attend appointments, thrive in daily activities, and reach your goals with our experienced team. Let us empower you with transport support and access to our vibrant community.

EXPERIENCE A WORLD OF VIBRANT CENTRE BASED ACTIVITIES AT COMPASS HOUSE!

Discover tailored support and activities at our locally owned and operated Rockhampton center.

Unleash your creativity with art & craft, find balance with our wellness program, master essential life skills, embrace the outdoors, experience thrilling tech programs, tap into your musical talents, and join us for exciting outings. Enjoy a full-day service with lunch provided. Check our activities timetable for more details.

SKILL BUILDING TRIPS

Visit exciting places. Develop a budget-friendly savings plan, book train tickets in advance, and purchase park entry and public transport passes online. Create a travel schedule, pack efficiently with a checklist, and ensure proper medication organization and storage. Set alarms to stay punctual, familiarize yourself with train and public transport timetables, and regulate emotions in crowded spaces. Work collaboratively in a team for cooking meals, shopping, and engaging in exciting activities. Let's achieve our goals and make your trip memorable!

Call or visit us to learn more!

Contact Compass House now on 0484 721 913 or info@compasshouse.com.au for more information or to schedule a visit.

We can't wait to hear from you and help you get started on an unforgettable journey!